At our February zoom meeting we welcomed Anne-Marie Lambert who has run her own business 'Get Cooking' for the last ten years. Anne-Marie has a passion for teaching the joy of cooking to all ages using affordable ingredients, with easy and quick recipes which are easily adapted for personal preference.

From healthy family meals to pastry, from cake decoration to dishes from around the world, Thai, Chinese, Indian, Spanish, French, Italian etc, Anne-Marie has been running classes from her home in Warwick giving individual tuition or to groups, going at participants own pace.

Since the first 'Lockdown' after the initial shock of having to cancel so many lessons and events, She began doing zoom tuition and demonstrations, and has never looked back.

Anne-Marie chatted away while she demonstrated how to make spring rolls and a stir fry with an easy sauce giving us lots of hints and tips on the way.

After the demonstration Anne-Marie was happy to answer questions and queries, and chatted away as members exchanged with her tips of their own.

The only disadvantage to 'zoom' is that we were unable to sample the finished dishes! Christmas may now seem a long way away but we are still reminded by members of how much



they enjoyed their Christmas 'goodie' bags that had been delivered to them and making the simple Christmas tree Pom Pom decoration.

As the Spring flowers start to make an appearance, it is comforting to hear that some of our members have had their first vaccination and the light at the end of the tunnel is getting brighter. It is perhaps too early to consider meeting up but we continue to keep in contact via zoom with plans for a games evening and a 'knit and natter' morning and not forgetting by email, phone or post.

Our next 'zoom' meeting will be on Thursday 11th March at 7pm when Barbara Lawson-Reay will be giving a talk on the 'Founder Members of the WI.'

If you want to know more about the WI please feel free to contact either:

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Jane Gibbs - Secretary: email jane@lordshill.co.uk tel 024 7654 4430.