

### Resolutions

There were two resolutions to be discussed at our meeting this year. The first one was “Avoid Food Waste, Address Food Poverty” and the proposer’s intention was to reduce food waste with supermarkets by redistributing food which is still fit for human consumption. It is estimated that supermarkets throw away 200,000 tons annually and only a small percentage of this is currently being redistributed. Some supermarkets have recently trialled handing out free food, selling wonky vegetables and serving left over food in in-store cafés so next time you are buying your vegetables don’t be put off if they are not the perfect shape. Of course influencing supermarkets to reduce their food waste is on a bigger scale, but each of us can help by not buying more perishable items than we really need and storing them more efficiently. One tip we were told was a lettuce will keep fresher if the bottom of it is cut off and put into shallow water.

The second resolution was “Appropriate Care in Hospitals for People with Dementia”. The resolution is calling upon the Government and the N.H.S to enable carers to stay with people with Alzheimer’s disease and dementia who have been admitted into hospital but to achieve this voluntarily and not by legislation. Statistics have shown that people who have been admitted with an unrelated illness, but suffering with dementia, take longer to recover than patients with a similar illness without dementia. Where facilities are available for carers (who are often family member/s) to stay with the dementia patient their recovery time improves. Both resolutions were discussed and different points of view put forward and both were passed by members of Wolston and Binley Woods.

As Ruth reported in the last edition of Grapevine we held our first Photographic Competition in April and although we were a little disappointed in the number of entries, particularly in the children’s sections, we hope to hold it again next year and will be advertising the categories when they have been decided. It was good to get two mentions in the Rugby Advertiser so thank you Tim for one of them.

Next month our speaker will be Rosaria Di Giovanni who is giving us an Italian cookery demonstration so if you are interested to find more come along. Visitors are always welcome.